

# Helen Arkell

Believe Achieve Succeed

## Fintan O'Regan

Presents two short courses for professionals

### Social Emotional and Mental Health

Friday 11 March 2016, 1.15 – 4.00pm

### The curious case of ADHD and ASD

Friday 13 May 2016, 1.15 – 4.00pm

**BOOK EARLY TO ENSURE YOUR PLACE!**

**These sessions count towards your CPD and you will receive a certificate of attendance**

Helen Arkell Dyslexia Centre  
Arkell Lane | Frensham | Farnham | Surrey | GU10 3BL

t 01252 792 400

e [enquiries@arkellcentre.org.uk](mailto:enquiries@arkellcentre.org.uk)

w [www.arkellcentre.org.uk](http://www.arkellcentre.org.uk)

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**Fintan J O'Regan MA (Management), PGCE, BSc Hons**



Fin is a former secondary science teacher and was the Headmaster of the Centre Academy School regarded as the first specialist school within the UK for children with ADHD/ODD from 1996 -2002.

He is currently a Behaviour and Learning Consultant for a number of organisations and lectures for Leicester University, the National Association of Special Needs and the Institute of Education.

He has written a number of books on the subject of ADHD, Behaviour and Learning and is known both nationally and internationally for his powerful and entertaining presentations.

## **Social Emotional and Mental Health**

Friday 11 March 2016, 1.15 – 4.00pm

£50 for one course or £80 if you book both courses

### **Social Emotional and Mental Health**

Within SEN Code of Practice, Behaviour Emotional and Social Difficulties (BESD) has been replaced by a new term Social Emotional and Mental Health (SEMH). This is with a view of considering the behaviour “message” of underlying and unmet issues. Also, the new Ofsted framework requires schools to provide evidence to demonstrate effective practice and the impact of improvement strategies with regards to behaviour issues.

#### **The content of the course will include:**

- **Evidence of change**

Up skilling of staff in terms of the key changes in the SEN code of Practice and demystifying SEMH in practical terms.

- **Introducing the SF3R model of management**

Structure, Flexibility, Rapport, Relationships and Role Models will be outlined as a proactive management model for the issues within the SEMH spectrum.

- **Structure and flexibility**

A range of approaches in terms of setting boundaries while adapting to the specific needs of children and young persons with Social, Emotional and Mental Health problems.

- **Building rapport and relationships and developing role models**

Techniques for developing effective rapport with disaffected children and young people will be outlined as well as developing effective communication with parents and carers

- **Working with other agencies**

Within the context of the “village raising the child” consideration of how and when to involve and access other professionals to support specific individuals and specific situations.

## **The Curious Case of ADHD and ASD**

Friday 13 May 2016, 1.15 – 4.00pm

£50 for one course or £80 if you book both courses

### **The curious case of ADHD and ASD**

Attention Deficit Hyperactivity Disorder and Autistic Spectrum Disorder are terms used to describe a range of Learning, Behavioural and Socialisation differences.

The key to providing successful outcomes for individuals with ADHD and ASD will be a full understanding and acceptance of the needs of every child.

#### **Areas to be addressed in the session include:**

- ADHD and ASD demystified
- Girls and Boys and ADHD and ASD
- Teaching and learning strategies
- Behaviour management options
- Dealing with bullying and socialisation issues
- Consideration of the role of medication in learning and behaviour
- Effective communication with parents of children with ADHD and ASD

The presentation will outline a range of practical options for the successful teaching and learning of students with ADHD and ASD.

Opportunities for problem solving a range of issues regarding children with ADHD and ASD will be discussed by utilizing both the expertise and experience of the course leader and of the delegates who attend the course.

## Registration Form

<b>Social Emotional and Mental Health</b>	Friday 11 March 2016	(please tick)
<b>The Curious Case of ADHD and ASD</b>	Friday 13 May 2016	(please tick)

Mr

Mrs

Ms

Miss

Other

First names:	
Surname:	
Address:	
Telephone:	
Daytime telephone/mobile:	
Email:	
School and position if applicable:	

### Payment of £50 enclosed or £80 if booking both courses

Cheques should be made payable to:

**H.A.D.C.** and sent to **Helen Arkell, Arkell Lane, Frensham, Farnham, Surrey GU10 3BL**

If you wish to pay by credit card, please telephone Helen Arkell, 01252 792400.

**Cancellation Policy:** the following terms apply to all registrations:

- No fee will be refunded if we receive less than one month's notice of cancellation
- 50% of the cost will be refunded for cancellation made more than one month before the course date.
- Please note that course fees are non-transferable



## Professional Courses 2016 - 2017

Teaching Assistants	<p>Level 3 Course for Teaching Assistants supporting learners with specific learning difficulties</p> <p>Sessions are every Friday 9.30 - 12.30pm, at HADC. Next courses are 12 February – 1 July 2016, and 16 September 2016 - 27 January 2017</p>
Diploma 5	<p>Level 5 (primary) Begins 20 September 2016 and ending in July 2017 Attendance at HADC every Tuesday, excluding school holidays. Hours 9.00 – 4.00</p> <p>Level 5 (KS2 and secondary) Begins 21 September 2016 and ending in July 2017. Attendance at HADC every Wednesday excluding school holidays. Hours 9.00- 4.00</p>
Diploma 7	<p>Begins 22 September 2016 ending Summer 2017. Attendance at HADC every Thursday, excluding school holidays. Hours 9.00 – 4.00</p>
<p>You can email any queries to: <a href="mailto:enquiries@arkellcentre.org.uk">enquiries@arkellcentre.org.uk</a> or telephone Helen Arkell on 01252 792400 and ask for the Courses Coordinator.</p> <p>Application forms can be downloaded from our web site: <a href="http://www.helenarkell.org.uk">www.helenarkell.org.uk</a> <i>please contact us on 01252 792400 if you would like the brochure and form posted to you</i></p>	

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