

**Date: Sunday 17<sup>th</sup> May 2020**

**Time: Start between 10am – 11am**

This beautiful scenic 10k route will take you through the Frensham countryside and will start and finish at the Helen Arkell Dyslexia Charity, Arkell Lane, Frensham, Farnham. GU10 3BL

The walk is family and dog friendly and refreshments including tea, coffee and cake will be available at the end of the walk.

**Parking:** Car parking will be allocated prior to the event.

**Cost:** £5.00 per person (children under 8 free). Dogs are welcome.

<b>Number of people @£5</b>		<b>Number of children under 8 - FREE</b>	
<b>Amount enclosed:</b>	£	<b>To Pay By BACS:</b> Please use reference ' Walk 2020'	Bank: Lloyds Sort Code: 30-93-20 Account no: 00585630
<b>Number of cars:</b>			

Please make cheques payable to the 'Helen Arkell Dyslexia Charity'.

**Details of group/family leader:**

NAME:			
ADDRESS:			Postcode:
TEL NO:		MOBILE: For contact on day of walk	
EMAIL:			
EMERGENCY CONTACT :	For the day of the walk		
I have read and accepted the terms and conditions overleaf (please tick) <input type="checkbox"/>			

Names of all the walkers in your group (and age if under 18):

**Your entry for this event is considered as acceptance of the terms and conditions overleaf.**

**Please return to: Events, Helen Arkell Dyslexia Charity, Arkell Lane, Farnham, GU10 3BL**

**Or**

**Email [events@helenarkell.org.uk](mailto:events@helenarkell.org.uk)**

# The Big Frensham Walk 2020

**Date:** Sunday 17<sup>th</sup> May

**Time:** Start between 10am and 11am. Latest finish 4pm.

**Start/Finish:** Helen Arkell Dyslexia Charity, Arkell Lane, Frensham, Farnham, Surrey. GU10 3BL

**Purpose:** To raise funds for the Helen Arkell Dyslexia Charity

**Distance:** The walk is approximately 10K (6.7 miles) with the option of a shorter 6k (3.5 miles) walk.

**Car Parking:** Will be allocated prior to the event and will be within easy access of the route start.

**Route:** You will receive detailed instructions for the route including the location of toilets and refreshments. You may wish to bring a picnic as facilities are limited.

The route is along country footpaths and you will need to wear appropriate footwear. The paths on the heathland area are sandy and there may be mud in other parts depending on the weather.

The route crosses the road at several points. **Please take extra care when crossing the road.**

There are 'kissing gates' and some uneven sections as well as short hilly sections.

Anyone taking part with a condition requiring the avoidance of strenuous activity should check with their doctor that this event is not considered a risk.

**Weather:** In the event of inclement weather – cold, wet or hot – please ensure that all walkers have adequate footwear, clothing and drinks with them for the conditions.

**Young people:** Those under 18 must be accompanied by an adult, who will be registered as in-charge.

**Contact mobile number:** please complete this section of the booking form which is required for safety reasons.

**Cost:** £5 per person registration fee to cover administration cost. Children under 8 free.

**Sponsorship:** Suggested minimum sponsorship of £20 per adult, optional for children. There will be a prize for the highest sponsorship achieved by a child (under 18) and by an adult (18 and over).

**Registration:** It is essential to register in advance to enable Helen Arkell to account for those participating.

**Cancellation:** If for some unforeseen reason the walk is cancelled, we will notify all registered walkers by email and post details on our website and social media. Please note that registration fees will not be refunded. We will endeavour to reschedule the event.

**Legal Information:** Everyone that takes part in The Big Frensham Walk 2020 does so at their own risk, and Helen Arkell Dyslexia Charity will not be liable for any loss, damage, illness or injury that might occur other than as a direct result of Helen Arkell's negligence.

**If you have any further questions do contact us on 01252 792 400 or email [events@helenarkell.org.uk](mailto:events@helenarkell.org.uk).**

Helen Arkell Dyslexia Charity | Arkell Lane | Frensham | Farnham | Surrey | GU10 3BL

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